

Bob's Smokehouse Menu Board

| Product Name | Serving Size (oz) | Allergens | Calories | Total Fat (g) | Sat Fat (g) | Trans fats (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Includes g added Sugar | Protein (g) | Vitamin D (mcg) | Calcium (mg) | Iron (mg) | Potassium (mg) | Gluten Free |
|--|----------------------------|-----------------------|----------|---------------|-------------|----------------|------------------|-------------|-------------------|-------------------|------------|------------------------|-------------|-----------------|--------------|-----------|----------------|-------------|
| Bob's BBQ Menu Board | | | | | | | | | | | | | | | | | | |
| Brisket, Smoked, Plain | 4 oz. | | 220 | 7 | 2.5 | 0 | 115 | 390 | 2 | 0 | 2 | | 38 | 0 | 31 | 3 | 598 | Y |
| Brisket, Smoked, with BBQ | 4 oz. | | 200 | 4 | 1.5 | 0 | 70 | 590 | 18 | 0 | 16 | | 23 | 0 | 18 | 2 | 358 | Y |
| Chicken, Bone-In Breast with Glaze | 1 pc. | | 230 | 11 | 3 | 0 | 45 | 1520 | 22 | 0 | 20 | | 12 | 0 | 12 | 0 | 53 | Y |
| Chicken, Bone-In Breast with BBQ | 1 pc. | | 520 | 21 | 6 | 0 | 180 | 2330 | 18 | <1 | 12 | | 64 | 0 | 10 | 0 | 52 | Y |
| Chicken, Jumbo Drumsticks with Glaze | 1 pc. | | 330 | 16 | 4 | 0 | 155 | 1250 | 15 | <1 | 13 | | 31 | 0 | 25 | 2 | 413 | Y |
| Chicken, Quesadilla, Smoked Plain | 4 oz. | | 270 | 14 | 7 | 0 | 60 | 610 | 18 | 1 | 2 | | 19 | 0 | 222 | 4 | 236 | |
| Chicken Salad, Smoked Craisin Almond | 4 oz. | Almonds, Egg | 350 | 30 | 5 | 0 | 55 | 400 | 10 | 1 | 8 | | 10 | 0 | 21 | 0 | 214 | Y |
| Chicken, Smoked, Pulled, Plain | 4 oz. | | 210 | 7 | 2 | 0 | 100 | 690 | 11 | 0 | 10 | | 27 | 0 | 19 | 1 | 124 | Y |
| Chicken, Smoked, Pulled, with BBQ | 4 oz. | | 200 | 4 | 1 | 0 | 60 | 720 | 24 | 0 | 21 | | 16 | 0 | 11 | 1 | 74 | Y |
| Chicken, Whole, Smoked with Glaze | 4 oz. | | 270 | 16 | 4 | 0 | 60 | 500 | 18 | 0 | 14 | | 13 | 0 | 3 | 1 | 9 | Y |
| Chicken, Wings, Smoked with Asian Teriyaki | 4 oz. | Soy, Wheat | 250 | 12 | 3 | 0 | 45 | 1320 | 26 | 0 | 20 | | 10 | 0 | 6 | 1 | 29 | N |
| Chicken, Wings, Smoked with Buffalo | 4 oz. | Milk | 240 | 14 | 3 | 0 | 45 | 1340 | 19 | 0 | 14 | | 10 | 0 | 10 | 1 | 57 | Y |
| Chicken, Wings, Smoked with Glaze | 4 oz. | | 270 | 16 | 4 | 0 | 60 | 500 | 18 | 0 | 14 | | 13 | 0 | 3 | 1 | 9 | Y |
| Chicken, Wings, Smoked with Mango Chipotle | 4 oz. | | 290 | 13 | 3 | 0 | 45 | 1140 | 32 | 0 | 17 | | 11 | 0 | 8 | 1 | 34 | Y |
| Chicken, Wings, Smoked with Thai Chili | 4 oz. | | 260 | 12 | 3 | 0 | 45 | 1120 | 28 | 0 | 24 | | 10 | 0 | 7 | 1 | 32 | Y |
| Meatloaf, Bacon Cheddar with Mango BBQ | 10 oz. | Milk, Wheat, Egg, Soy | 580 | 15 | 7 | 0 | 145 | 2200 | 97 | 2 | 31 | | 14 | 0 | 180 | 2 | 234 | N |
| Platter, Smkd Chicken Bone-In, 21.37oz-22.52oz | 840-1150 Kcal per platter | | | | | | | | | | | | | | | | | |
| Platter, Smkd Chicken Drumstick, 21.64oz-22.79oz | 900-1210 Kcal per platter | | | | | | | | | | | | | | | | | |
| Platter, Smkd Chicken Wing, 19.33oz-20.49oz | 1020-1320 Kcal per platter | | | | | | | | | | | | | | | | | |
| Platter, Smkd 4-Rib, 17.09oz-18.25oz | 940-1250 Kcal per platter | | | | | | | | | | | | | | | | | |
| Platter, Smkd 1/2 Slab, 21.09oz-22.25oz | 1240-1550 Kcal per platter | | | | | | | | | | | | | | | | | |
| Platter, Smkd Salmon, 14.09oz-15.25oz | 660-970 Kcal per platter | | | | | | | | | | | | | | | | | |
| Platter, Turkey Drumstick, 13oz. | 430-797 Kcal per platter | | | | | | | | | | | | | | | | | |
| Platter, Smoked Sausage, Whole, 23oz-24oz | 1469-1917 Kcal per platter | | | | | | | | | | | | | | | | | |
| Platter, Smoked Sausage, Half, 16oz-17oz | 839-1287 Kcal per platter | | | | | | | | | | | | | | | | | |
| Pork, Smoked, Pulled, with BBQ | 4 oz. | | 260 | 11 | 5 | 0 | 65 | 410 | 17 | 0 | 15 | | 23 | 0 | 0 | 1 | 0 | Y |
| Pork, Ribs with Glaze | 4 oz. | | 300 | 20 | 7 | 0 | 85 | 300 | 7 | 0 | 6 | | 23 | 1 | 40 | 1 | 310 | Y |

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|-----------------------------------|-------------------|--------------|----------|---------------|-------------|----------------|------------------|-------------|-------------------|-------------------|------------|------------------------|-------------|-----------------|--------------|-----------|----------------|-------------|
| Pork, Ribs, with BBQ | 4 oz. | | 290 | 19 | 7 | 0 | 80 | 330 | 9 | 0 | 8 | | 22 | 1 | 38 | 1 | 291 | Y |
| Pork, Steaks with BBQ | 4 oz. | | 250 | 17 | 6 | 0 | 85 | 320 | 2 | 0 | 2 | | 24 | 1 | 24 | 2 | 440 | Y |
| Pork, Rib Tips with BBQ | 4 oz. | Soy | 320 | 24 | 8 | | 95 | 390 | 0 | 0 | 0 | | 26 | | 22 | 1 | | Y |
| Salmon, Smoked Burger, with Glaze | 4 oz. | Wheat, Egg, | 380 | 21 | 5 | 0 | 115 | 310 | 15 | 0 | 7 | | 32 | 0 | 19 | 1 | 561 | N |
| Salmon, Smoked, with Glaze | 4 oz. | Fish(Salmon) | 260 | 14 | 3 | 0 | 55 | 350 | 14 | 0 | 13 | | 21 | 11 | 13 | 0 | 383 | Y |
| Sausage, Mango Chipolte | 4 oz. | | 300 | 21 | 8 | 0 | 50 | 1140 | 20 | 0 | 8 | | 9 | 0 | 2 | 5 | 15 | Y |
| Sausage, Plain | 4 oz. | | 360 | 32 | 10 | 0 | 70 | 1000 | 6 | 0 | 2 | | 12 | 0 | 0 | 1 | 0 | Y |
| Shrimp, Smoked | 4 oz. | Milk | 310 | 21 | 12 | 0 | 260 | 320 | 2 | 0 | <1 | | 28 | 0 | 78 | 3 | 265 | Y |
| Turkey Drumstick w/ Glz | 6 oz. | Soy | 330 | 16 | 4 | 0 | 155 | 1250 | 15 | <1 | 13 | | 31 | 0 | 25 | 2 | 413 | Y |
| Turkey, Smoked, Pulled, with BBQ | 4 oz. | | 140 | 1 | 0 | 0 | 30 | 640 | 17 | 0 | 15 | | 17 | 0 | 0 | 0 | 0 | Y |