

# Dierbergs

SAVE BIG WITH OUR

# FREE Event

See our Digital Ad for More Savings!



**All Natural**  
100% Vegetable Fed Diet  
No Antibiotics Ever  
Raised Cage Free  
**Perdue**  
**Boneless**  
**Skinless**  
**Chicken Breast**

**BUY ONE** pkg.  
**GET ONE** pkg.  
of equal or lesser value  
**FREE**



**All Natural**  
**Dierbergs Signature**  
**Center Cut**  
**Pork Steaks**  
3 ct. pkgs.

**BUY ONE** pkg.  
**GET ONE** pkg.  
of equal or lesser value  
**FREE**



**BUY ONE** pkg.  
**GET ONE** pkg.  
of equal or lesser value  
**FREE**  
**Oscar Mayer**  
**Basic Lunchables or**  
**P-3 Protein Snacks**  
2-4.4 oz. pkgs. All varieties  
Reg. \$2.29-\$2.89



**BUY ONE** pkg.  
**GET ONE** pkg.  
of equal or lesser value  
**FREE**  
**On The Border**  
**Tortilla Chips**  
16 oz. bags  
Reg. \$4.29



**BUY ONE** pkg.  
**GET ONE** pkg.  
of equal or lesser value  
**FREE**  
**Jay's**  
**Potato Chips**  
10 oz. bags  
Reg. \$4.29  
Selected varieties.



**BUY ONE** box.  
**GET ONE** box.  
of equal or lesser value  
**FREE**  
**Kellogg's Special K**  
**Cereal**  
10.8-13.1 oz. boxes  
Reg. \$3.99



**BUY ONE** pkg.  
**GET ONE** pkg.  
of equal or lesser value  
**FREE**  
**Kellogg's Special K**  
**Bars, Crisps or Bites**  
5.28-7.3 oz. pkgs.  
Reg. \$3.49-\$3.99



**BUY ONE** box.  
**GET ONE** box.  
of equal or lesser value  
**FREE**  
**Nabisco**  
**Teddy Grahams**  
10 oz. pkgs.  
Reg. \$3.49



**BUY ONE** box.  
**GET ONE** box.  
of equal or lesser value  
**FREE**  
**Nabisco Toasted**  
**Chips**  
7.1-8.1 oz. pkgs.  
Reg. \$3.89



**BUY ONE** box.  
**GET ONE** box.  
of equal or lesser value  
**FREE**  
**Kraft Velveeta**  
**Shells or Deluxe**  
**Macaroni and**  
**Cheese**  
10-14 oz. boxes, Reg. \$4.19



**BUY ONE** bottle.  
**GET ONE** bottle.  
of equal or lesser value  
**FREE**  
**Arm & Hammer Laundry Detergent**  
62.5-75 oz. btls.  
Reg. \$6.99



**BUY TWO** boxes.  
**GET ONE** box.  
of equal or lesser value  
**FREE**  
**Home Run Inn Pizza or**  
**Gino's East Deep Dish Pizza**  
24-33.5 oz. pkgs.  
Reg. \$8.99



**Plus, buy**  
**one 24 oz.**  
**jar of**  
**Alessi Pasta**  
**Sauce and**  
**get another**  
**bag of**  
**Alessi Pasta**  
**FREE**  
instantly at  
checkout.



**BUY ONE** box.  
**GET ONE** box.  
of equal or lesser value  
**FREE**  
**Alessi Pasta**  
16 oz. pkgs.  
Reg. \$2.99  
**Bake at Home**  
**Petites**  
8 oz. pkgs. \*Harvest Grain \*Tuscan  
\*Rosemary Olive Oil  
Reg. \$3.49



**BUY ONE** bag.  
**GET ONE** bag.  
of equal or lesser value  
**FREE**  
**Frito Lay Cheetos or Fritos**  
7-9.5 oz. bags  
Reg. \$3.79



**BUY ONE** box.  
**GET TWO** boxes.  
of equal or lesser value  
**FREE**  
**Thomas' Original English Muffins**  
12 oz. pkgs.  
Reg. \$4.29



**BUY TWO** boxes.  
**GET ONE** box.  
of equal or lesser value  
**FREE**  
**Weight Watcher's Smart Ones**  
**Entrees**  
4.4-10.5 oz. pkgs. Selected varieties  
Reg. \$2.50-\$3.99



**10\$ FOR 10**  
**Chobani Greek**  
**Fruit on the**  
**Bottom Yogurt**  
5.3 oz. cups



**10\$ FOR 10**  
**Avocados**  
Extra Large Avocados 2/\$4



**10\$ FOR 10**  
**California Grown Jumbo**  
**Navel Oranges**

Prices good Tuesday, Jan. 8, through Monday, Jan. 14, 2019.

**PRODUCE**  
**FREE**  
*Event*



**BUY ONE  
GET ONE  
FREE**

Fresh Express Spinach  
8 oz. bags  
Reg. \$2.99 ea.



**BUY ONE  
GET ONE  
FREE**

Mann's Nourish Bowls  
7.15-12 oz. pkgs.  
Reg. \$4.99



**BUY ONE  
GET ONE  
FREE**

Earthbound Farms  
Certified Organic  
Baby Salads 5 oz. clamshells  
Reg. \$3.99 ea.



**BUY ONE  
GET ONE  
FREE**

All Purpose  
Medium Yellow Onions  
3 lb. bags  
Reg. \$2.99 ea.



**BUY ONE  
GET ONE  
FREE**

Russet Potatoes  
5 lb. bags  
Reg. \$3.49 ea.

**EAT. LIVE. WELL.™**  
**SAMPLING EVENT**

*NUTRITION & PERSONAL CARE*

**ALL DIERBERGS  
LOCATIONS**

**SATURDAY, JANUARY 12  
10 A.M. – 4 P.M.**

SAVE BIG WITH OUR

# FREE Event



Langers 5 Calorie Cranberry Juice

64 oz. btl.  
Reg. \$2.99

BUY ONE  
GET ONE  
FREE



BUY ONE  
GET ONE  
FREE

Bisquick Baking Mix  
20 oz. boxes  
\$2.99



BUY ONE  
GET ONE  
FREE

Wild Harvest Tortilla Chips  
9 oz. bags  
Reg. \$2.69



BUY ONE  
GET ONE  
FREE

Wild Harvest Pasta Sauce  
24 oz. jars  
Reg. \$2.99



BUY ONE  
GET ONE  
FREE

Wild Harvest Microwave Popcorn  
8.8-10.5 oz. boxes  
Reg. \$2.89

## SEAFOOD DEPT.



FREE!

Andy's Fish Breeding  
10 oz. All varieties.  
When you purchase Orca Bay Tilapia or Flounder  
10 oz. pkg.



BUY ONE  
GET ONE  
FREE

Kanimi Seafood Crab  
12 oz. pkgs. All varieties.  
Reg. \$4 ea.

## FROM OUR DELI



FREE! Mini Cornbread  
2 oz. pkg.  
When you purchase any variety of Our Dierbergs Kitchen Hearty Soups  
14 oz. pkg. All varieties



FREE!  
Dierbergs Electrolyte Water 700 ml. btl.  
When you purchase one of any variety of Dierbergs Deli Fresh & Fit Meals

# Hot Deals



## HOMETOWN STORE

SINCE 1854

**5/\$5**  
when you buy 5 or \$2.19 ea.

- Coke
- Diet Coke
- Sprite

2 ltr. btl.



**2/\$3**  
Iceberg Lettuce

**\$4.99**  
LB.

All Natural White Swai Fillets



**2/\$3**  
Organic Pint Grape Tomatoes



**3/\$6**  
Fresh Express Complete Salad Kits  
9-13 oz. bags



**\$3.99**  
EA.  
Cheating Gourmet Shrimp Rice Bowls  
8 oz. pkg.  
All varieties

**OUR BRAND YOU SAVE**

**LEARN MORE**

**Essential Everyday Oatmeal**  
18 oz. pkg.

**\$1.28**



**10/\$10 99¢**

**Essential Everyday Chili**  
15 oz. cans

**Essential Everyday Napkins**  
120 ct. pkg.



**Essential Everyday Cheese Shreds or Chunks**  
8 oz. pkgs.

**Dierbergs Cottage Cheese**  
24 oz. pkgs.



**Essential Everyday Soup & Oyster**  
9 oz. pkg.

**Essential Everyday Oyster Crackers**  
9 oz. pkg.

**Dierbergs or Essential Everyday Pasta**  
12-16 oz. pkg.  
Selected varieties

**Essential Everyday Pasta Sauce**  
24 oz. jar



**Essential Everyday Paper Towels**  
8 regular roll

**\$4.99**



**Dierbergs Sandwich Bread**  
24 oz. loaf

**\$1.28**

**BUY ONE GET ONE FREE**  
 Dei Fratelli Pasta Sauce  
 24 oz. jars  
 Reg. \$3.29

**BUY ONE GET ONE FREE**  
 Maruchan Hot & Spicy or Yakisoba Bowls  
 3.3-4 oz. pkgs.  
 Reg. .99¢

**BUY ONE GET ONE FREE**  
 Bertolli Olive Oil  
 16.9-17 oz. btl.  
 Reg. \$8.99-\$9.99

**BUY ONE GET ONE FREE**  
 True Lemon Lemonade Mix  
 1.06-1.1 oz. pkgs.  
 Reg. \$2.99

**BUY ONE GET ONE FREE**  
 Lavazza Coffee  
 12 oz. pkgs.  
 Reg. \$9.49

**BUY ONE GET ONE FREE**  
 Stash Tea  
 18-20 ct. boxes  
 Reg. \$3.39

**BUY ONE GET ONE FREE**  
 Old Orchard Healthy Balance Juice Cocktails  
 64 oz. btl.  
 Reg. \$2.49

**BUY ONE GET ONE FREE**  
 9 Lives, Meow Mix Cat Food or Kibbles N Bits Dog Food  
 3-3.3 lb. pkgs.  
 Reg. \$5.49-\$5.99

**GROCERY**

**3/\$4**  
 Red Gold Tomatoes, Salsa or Ketchup  
 \*28 oz. tomatoes  
 \*15.5-16 oz. salsa  
 \*32 oz. ketchup

**10/\$10**  
 Red Gold Tomatoes  
 10-15 oz. cans

**SAVE \$2**  
 instantly at checkout when you buy (5) Red Gold Tomatoes, Salsa, or Ketchup in this ad.

**SAVE \$5**  
 instantly at checkout when you buy 5 Finish, Glass Plus, Lysol or Resolve Cleaners in this ad.

**Buy \$25**  
 of Cottonelle, Viva or Huggies Products in this ad and receive \$5 OFF future purchase. Catalina coupon at checkout.

**\$19.99**  
 Huggies Diapers  
 32-66 ct. pkg.

**\$9.99**  
 Cottonelle Bath Tissue or Viva Paper Towels  
 \*9 mega or 18 double roll bath tissue  
 \*8 giant roll paper towels

**Lysol Toilet Bowl Cleaners 2/\$4**  
 24 oz. pkgs.

**Lysol Disinfectant Spray, Laundry Sanitizer or Resolve Cleaners ..... \$4.99**  
 12-41 oz. pkgs.

**Glass Plus and Lysol Cleaners or Wipes ..... 2/\$5**  
 \*2.82-40 oz. pkgs. \*30-35 ct. pkgs. Selected varieties

**Jet Dry or Finish Quantum Max ..... \$4.99**  
 20-32 ct. or 16 oz. pkg. Selected varieties

**2/\$5**  
 Entenmann's Little Bites, Mini Cakes, or Snack Pies  
 8.25-15 oz. pkgs.

**2/\$4.50**  
 Del Monte Fruit To Go  
 2-4 ct. pkgs.

**2/\$4**  
 Musselman's Apple Sauce  
 \*23-24 oz. jars  
 \*4-6 ct. pkgs.

**2/\$6**  
 Campbell's Chunky Maxx or Slow Kettle Soup  
 15.5 oz. pkgs.

**\$1.99**  
 Prego Pasta Sauce  
 14.5-24 oz. jar

**2/\$6**  
 College Inn Bone Broth  
 32 oz. pkgs.

**2/\$7**  
 V-8 Energy, Hydrate or Sparkling Juice  
 4-6 ct. pkgs.

**2/\$5**  
 Heinz Ketchup  
 31-38 oz. btl.

**\$1.99**  
 Nutella Hazelnut Spread  
 7.7 oz. jar

**3/\$5**  
 Kellogg's Pop-Tarts  
 8 ct. boxes

**2/\$3**  
 StarKist Solid White Tuna  
 5 oz. cans

**2/\$4**  
 Planters Peanuts  
 16 oz. pkgs.

**\$2.99**  
 Planters Cashews or Mixed Nuts  
 8-12 oz. can

**2/\$10**  
 Community Coffee  
 \*8-12 oz. pkgs.  
 \*12 ct. pkgs.

**\$7.99**  
 Kaldi's Coffee  
 12 oz. bag

**\$4.99**  
 Gevalia, Maxwell House Pods or McCafe Coffee  
 \*10-12 oz. bag  
 \*6-12 ct. box

**\$4.99**  
 Maxwell House Coffee  
 24.5-31 oz. pkg.

**2/\$5**  
 Capri Sun Drinks  
 10 ct. pkgs.  
 Selected varieties

**\$3.49**  
 Kraft Miracle Whip or Mayo  
 22-30 oz. pkg.

**\$10.99**  
 Brawny Paper Towels or Quilted Northern Bath Tissue  
 \*6 extra-large towels  
 \*9 mega roll bath tissue

**\$7.49**  
 Glad Kitchen or Trash Bags  
 28-80 ct. pkg.

**\$1.99**  
 Sara Lee Honey Wheat, Butter or Whole Grain White Bread  
 20 oz. loaf

**\$2.29**  
 Bunny Honey Wheat or Healthy Life Bread  
 16-20 oz. loaf

**\$4.29**  
 Dave's Killer Bread Bagels or Thin Sliced Bread  
 16.75-20.3 oz. pkg.

**SAVE \$2**  
 instantly at checkout when you buy (4) selected General Mills Cereals, Fiber One Bars, Nature Valley Bars, Bugles, Gardetto's or Chex Snack Mix in this ad

**4/\$6**  
 Bugles, Chex or Gardetto's Snack Mix  
 6-8.75 oz. pkgs. Selected varieties

**4/\$10**  
 General Mills Cereal  
 8.9-15.2 oz. boxes  
 14 selected varieties

**4/\$10**  
 Fiber One, Nature Valley Granola Bars or Breakfast Biscuits  
 5-6 ct. pkgs.  
 Excluding protein bars

**2/\$4**  
 Cheez-Its, Keebler Chips Deluxe, Sandwich Crackers, Graham Sticks or Kellogg's Rice Krispies Treats Bars  
 3.6-14.8 oz. pkgs.  
 Selected varieties

**DAIRY & FROZEN**

**FREE Event**

**BUY ONE GET ONE FREE**  
The Dish Famous Pizza  
23-32.84 oz. pkgs.  
Reg. \$9.99

**BUY ONE GET ONE FREE**  
Gus' Microwave Pretzels  
18 oz. pkgs.  
Reg. \$3.29

**BUY ONE GET ONE FREE**  
Frigo String Cheese  
6.3-12 oz. pkgs.  
Reg. \$4.49

**BUY ONE GET ONE FREE**  
Big Easy Entrées  
12 oz. pkgs.  
Reg. \$3.99

**BUY ONE GET ONE FREE**  
Kahiki Chicken Nuggets, Stir Fresh Entrées, Family Size Dinners  
20-30 oz. pkgs.  
Reg. \$7.99

**BEVERAGES**

**\$3.99**  
•Powerade  
•Gold Peak Tea  
•Vitamin Water  
•Smartwater  
•6-8 pk. •16.9-20 btl.

**5/\$5**  
when you buy 5 or \$2.19 ea.  
•Coke •Diet Coke  
•Sprite  
2 ltr. btl.

**\$19.99**  
•Budweiser  
•Bud Light  
•Bud Select  
30 pk. 12 oz. cans

**2/\$5.98**  
when you buy 2 or \$3.19 ea.  
•Coke •Diet Coke  
•Sprite  
•6 pk. 16.9 oz. btl.  
•6 pk. 7.5 oz. cans  
Dasani Sparkling Water  
8 pk. 12 oz. cans

**BUY ONE GET ONE FREE**  
Final Cost 2/\$4.39  
•7-Up  
•Dr Pepper  
•A&W •Sunkist  
6 pk. 16.9 oz. btl.

**4/\$5**  
Oxigen Water  
20 oz. btl.

**2/\$7**  
Ice Mountain Water  
24 pk. 16.9 oz. btl.

**4/\$5**  
when you buy 4 or \$2.19 ea.  
•Pepsi Products  
•Mtn Dew  
2 ltr. btl.

**4/\$5**  
when you buy 4 or \$2.19 ea.  
•Dr Pepper  
•A&W •Sunkist  
2 ltr. btl.

**4/\$10**  
when you buy 4 or \$4.39 ea.  
•Pepsi Products  
•Mtn Dew  
6 pk. 16.9 oz. btl.

**\$7.57**  
Gnarly Head Wines  
750 ml. btl.

**\$9.59**  
Svedka Vodka  
750 ml. btl.

**\$13.99**  
•New Belgium  
•Schlafly  
•Blue Moon  
•Shock Top  
•Michelob Ultra  
•Pure Gold  
•Stella Artois  
•Heineken  
12 pk. 12 oz. btl.

**BOB'S WINE SHOP**

**FROZEN & DAIRY**

**\$4.99**  
O That's Good Pizza  
22.6-24.1 oz. pkg.

**\$6.99**  
Dogtown Pizza  
15.3-18 oz. pkg.

**\$3.29**  
Dean's Dairy Pure Milk  
1 gallon jug  
•Whole •Skim •2% •1%  
Unavailable at Southroads and Florissant. Excludes Chocolate.

**2/\$7**  
Tropicana Pure Premium or Trop 50 Juice  
52 oz. btl.

**2/\$5**  
Blue Bunny Load'd Sundae  
8.5 oz. pkgs.

**2/\$4**  
Yoplait GoGurt  
16 oz. pkgs.

**2/\$5**  
Flav-R-Pac Vegetables  
28 oz. bags

**2/\$6**  
Devour or Smart Made Entrees  
7.5-12 oz. pkgs.

**10/\$5**  
Yoplait Yogurt  
4-6 oz. cups  
Excludes Greek

**2/\$4**  
Pillsbury Toaster Strudel  
11.5 oz. pkgs.

**2/\$4**  
Ore Ida Just Crack An Egg Breakfast Scramble Cups  
3 oz. pkgs.

**2/\$6**  
Prairie Farms Ice Cream Squares  
56 oz. cnts.

**2/\$6**  
Ore Ida Potatoes  
22-32 oz. pkgs.

**2/\$6**  
Sargento Balanced Breaks  
4.5 oz. pkgs.

**\$3.99**  
Pete & Gerry's Organic Free Range Large Eggs  
12 ct. pkg.

**2/\$7**  
Sargento Snack Cheese  
8.4-12 oz. pkgs.

**FROZEN & DAIRY**

**BAKEHOUSE**

**\$3.99**  
Bakehouse Granola  
9.2-10.5 oz. pkg.

**\$2.49**  
Bakehouse Donut Holes  
12 oz. pkg.

**\$9.99**  
Bakehouse Texas Sheet Cake  
35 oz. pkg.

**\$3.99**  
Better Than Home Made Crispy Bites  
7-11.5 oz. pkg.

**\$9.99**  
Inspired By Happiness Gluten Free Cake  
16-19.4 oz. pkg.

**\$1 OFF**  
Tippin's Mini Pies

**BAKEHOUSE**

**BUTCHER SHOP**

**2/\$7**  
Oscar Mayer Deli Fresh, Deli Shaved, Carving Board, Natural, or Slow Cooked Sliced Lunchmeat or Chicken Strips  
6-7 oz. pkgs. All varieties.

**\$2.79/lb.**  
Perdue Fresh Chicken Wings  
Any Size Package

**2/\$7**  
All Natural  
No Antibiotics Ever!  
100% Vegetable Fed  
Raised Cage Free  
Grade A  
Perdue Fresh Ground Turkey  
16 oz. pkgs.

**\$5.49**  
Oscar Mayer Premium Sliced Bacon  
12-16 oz. pkg. All varieties.

**2/\$8**  
Claussen Chilled Pickles or Sauerkraut  
20-32 oz. jars All varieties.

**DELI**

**\$6.99 ea.**  
Not Your Grandma's Meatloaf  
Bacon & Cheddar Smoked Meatloaf  
10 oz. pkg.

**\$2.49 ea.**  
House Made Bacon & Cheddar Twice Baked Potato

**\$6.49 lb.**  
Eat. Live. Well. Whole Grain Apple Cranberry Salad

**\$10.49 ea.**  
HOT CASE SPECIAL 11 a.m.-7 p.m.  
Colossal Chicken Breast  
Large, All white whole breast  
Hot & Ready to Go from our deli kitchen

**OUR SIGNATURE DELI MEATS**

USDA Choice, 95% Fat Free All Natural Roast Beef	SAVE \$2/lb.	\$9.99/lb.
99% Fat Free Oven Roasted Browned Turkey Breast	SAVE \$2.50/lb.	\$7.49/lb.
99% Fat Free Oven Roasted Chicken Breast		\$8.49/lb.
95% Fat Free, Natural Juice Off the Bone Ham	SAVE \$3/lb.	\$6.99/lb.
99% Fat Free Jennie-O Hickory Honey Turkey Breast		\$7.49/lb.

**DIETZ & WATSON**  
98% Fat Free, All Natural Bacon Lovers Turkey Breast  
\$7.99/lb.  
Originals Baby Swiss Cheese  
\$7.49/lb.

**SEAFOOD**

**\$3.50 ea.**  
Chef's Creations, All Natural Lemon Citrus Marinated White Swai  
5.5 oz.  
Made fresh daily in-store by our Seafood Chefs with our fresh seafood fillets.

**\$8.99/lb.**  
Wild Caught Premium Cod Loin

**\$5-\$8 ea.**  
GO WILD Wild Caught, All Natural Seafood Fillets or Scallops  
8 oz. pkg.

**\$9.99/lb.**  
All Natural, Large Raw EZ PEEL 26/30ct. Shrimp

**WHOLE LIFE - EAT. LIVE. WELL.**

<b>2/\$4.50</b> Zero Trans Fat Boulder Canyon Avocado Oil Chips 5.25 oz. bags	<b>BUY ONE GET ONE FREE</b> Organic Skout Protein Bars 1.9 oz. pkgs. Reg. \$2.49	<b>BUY ONE GET ONE FREE</b> Gluten Free Lundberg Rice Cakes 5.9-10 oz. pkgs. Selected varieties Reg. \$2.99-\$3.99	<b>2/\$3</b> All Natural Coco Libre Sparkling Coconut Water 11 oz. cans	<b>2/\$5</b> Gluten Free Cosmos Salted Caramel Snack Mix 6.5 oz. pkgs.	<b>\$3.99</b> Gluten Free Country Archer Jerky 2.75-3 oz. pkg.	<b>2/\$7</b> Gluten Free Cybele's Free To Eat Pasta 8 oz. pkgs.
<b>BUY ONE GET ONE FREE</b> Gluten Free Bhujia Snack Mix 7 oz. bags Reg. \$4.29	<b>\$3.99</b> Gluten Free Bakery on Main Oatmeal or Granola 10.5-24 oz. pkg.	<b>2/\$6</b> Certified Organic Cascadian Farms Cereal or Granola Bars #2-16 oz. cereal #6-2-7.4 oz. bars	<b>2/\$6</b> Gluten Free Farmhouse Kraut Krisps 5 oz. pkgs.	<b>\$5.99</b> Organic Food For Life Cereal 16 oz. box	<b>2/\$7</b> 50% More Protein Fairlife Milk 52 oz. bids.	<b>\$5.99</b> 100% Fruit GoGo Squeeze Applesauce 12 ct. pkg.
<b>2/\$6</b> Organic Nature's Path Oatmeal 18-30 oz. pkgs. Selected varieties	<b>\$3.49</b> Organic Pacific Bone Broth 17 oz. pkg.	<b>2/\$4</b> Gluten Free Pirate's Booty Snacks 4 oz. pkgs.	<b>2/\$4</b> Organic Probar Bars 2-3 oz. pkgs.	<b>\$5.49</b> Gluten Free Purely Elizabeth Granola 8-12 oz. pkg.	<b>4/\$5</b> Gluten Free Purely Elizabeth Granola Bars 1.4 oz. pkgs.	<b>2/\$5</b> Organic Seeds of Change Rice and Grains 8.5 oz. pkgs.
<b>2/\$3</b> Gluten Free Zing Nutrition Bar 1.76 oz. bars	<b>\$4.49</b> Gluten Free Caesar's Pasta 10-11.5 oz. pkg.	<b>2/\$5</b> Organic Cascadian Farms Frozen Vegetables 10 oz. bags	<b>\$4.99</b> Sprouted Whole Grain Food For Life Bread 24-25 oz. pkg.	<b>2/\$5</b> All Natural Van's Waffles and Pancakes 8-12.4 oz. pkgs.	<b>\$4.99</b> Organic Forager Cashew Milk Yogurt 24 oz. ctn.	<b>2/\$6</b> Organic Good Belly Probiotic Drink 32 oz. ctns.
						<b>\$5.99</b> Gluten Free Kettle and Fire Bone Broth 16.2 oz. pkg.
						<b>\$5.99</b> Organic Wallaby Organic Greek Yogurt 32 oz. ctn.

Double Coupons Every Day!  
Limit 3 identical coupons and 15 total coupons doubled. Value 40¢ or less. Details in stores.

We reserve the right to limit. Prices and availability may vary on Shipt.com



Ad good Tues., Jan. 8 - Mon., Jan 14, 2019. Good only in St. Louis Metro area.

# Bring Out Your Best

With These

**HEALTHY OPTIONS**

**Chicken and Wild  
Mushroom Pasta**

CLICK FOR  
RECIPE



**All Natural**  
100% Vegetable Fed Diet  
No Antibiotics Ever  
Raised Cage Free  
**Perdue Boneless  
Skinless  
Chicken Breast**

**BUY ONE** pkg.  
**GET ONE** pkg.  
of equal or lesser value  
**FREE**

## DIERBERGS KITCHEN **FRESH & FIT meals** EASY HEALTHY CHOICES

**\$6.99**

**Fresh & Fit  
Turkey Meatballs  
with Capellini Pasta**

If you love Italian, you'll love this healthy ready to heat and eat take on spaghetti and meatballs. With a side of broccoli, this meal is packed with 22 grams of protein and 5.7 grams of dietary fiber at only 369 calories.



**\$7.99**

**Fresh & Fit  
Chicken Teriyaki**

This balanced meal of chicken, grain and veggies is packed with 29 grams of protein, healthy whole grain and tons of Asian Flair. Only 477 calories and ready to heat and eat!



**FREE!**

**Dierbergs Electrolyte Water** 700 ml. btl.  
When you purchase one of any variety  
of Dierbergs Deli Fresh & Fit Meals